

Year 1 Summer 2

Topic 'Food, Glorious Food!'

Which challenges will you complete?

<p>Make a healthy sandwich for your lunch.</p>	<p>Use different containers to measure the volume of liquids and solids</p>	<p>Learn what your 5 senses are and explore what each of them do.</p>
<p>Can you name and draw some healthy and unhealthy foods.</p>	<p>Ask an adult if you can explore the local area – have a lovely walk or cycle!</p>	<p>Do some printing using different vegetables</p>
<p>Write a story using your imagination and time openers, eg One fine day, Then, Next, After, Finally.</p>	<p>Discuss what it means to live a healthy lifestyle. What can you change to live more healthily?</p>	<p>Practise hopping and skipping. How long can you balance on one leg?</p>

Children are expected to complete their weekly reading homework. The above challenges are optional.